

the
**GREEN ELF
CODE**

STOP

What can you feel against your skin?

When you stop moving what can you feel beneath your feet?

What can you reach out and touch? Is it rough or smooth? Cold or warm?

LOOK

Look around, what do you see? Look up towards the sky, and get down to ground level if you can!

How many colours can you see?

Pretend you are a bee or a butterfly and find the flower you think would be most tasty. What do you like about it? Can you draw it?

LISTEN

Can you hear any bees buzzing? What could you do to help them live a happier life?

What sounds are close by? What can you hear further away?

Don't forget your other senses. Can you smell anything? What does it remind you of?

